
Approved Course List for Activities Requiring Authorization

This is the approved course list for activities requiring authorization. For information on continuing competence requirements after initial certification, please refer to the **CNDA Continuing Competence Program Rules**.

Except where otherwise noted, when applying for approval for an activity requiring authorization, training is considered current when completed within one year of the date the application is made. Except as otherwise noted, all courses must be attended in person. Only courses specified below as online or hybrid will be accepted.

Restricted activities are indicated activities performed as part of providing a health service that require specific competencies and skills to be carried out safely. Restricted activities are not linked to any particular health profession and a number of regulated health professionals may perform a particular restricted activity. A complete list of restricted activities is found in the *Government Organization Act S.7.1*. Restricted activities authorized for naturopathic doctors are listed in the *Naturopaths Profession Regulation*.

Courses that are not listed here may be applicable. The Registration Committee requires the following three items to undertake a course review:

1. Curriculum Vitae of the instructor(s).
2. Copy of the complete course material for review purposes only. A course outline or syllabus is not sufficient material for review and the full course content must be provided.
3. Dates and location that the courses are being offered.

If you completed a course that was approved in the past as an initial training course **and** you have maintained that activity requiring authorization on your practice permit by meeting continuing competence requirements, then the course remains valid even if it no longer appears on this list. This list is intended to reflect the currently available approved courses and is updated continuously.

Once you have completed an initial training course, you may apply to the CNDA to have that restricted activity added to your practice permit. See the *CNDA Administrative Policy: Applying for Restricted Activities Requiring Authorization* for details.

A regulated member does not have authorization to advertise, book, or perform a restricted activity until such time as the regulated member has:

1. Received notification from the Registrar or their delegate that the authorization to perform the restricted activity is indicated on the appropriate register; and,
2. The regulated member's practice permit reflects the change in #1 above.

Activities Requiring Authorization by the Registrar

- Acupuncture
- Colon Hydrotherapy
- Hyperbaric Oxygen Therapy
- Intravenous Chelation Therapy
- Intravenous Therapy
- Manipulation
- Minor Surgery
- Naturopathic Injection Therapies (includes all intramuscular, intradermal and subcutaneous injections)
- Ozone Therapy
- Prolotherapy

Acupuncture

1. NPLEX II Clinical Elective Acupuncture Exam (may only be used as proof of training if applying for acupuncture within 2 years of successfully completing the exam **and** have successfully passed an acupuncture practical exam module from a CNDA approved practical exam)
2. College of Naturopaths of Ontario Clinical Sciences Exam (may only be used as proof of training if applying for acupuncture within 2 years of successfully completing the exam **and** have successfully passed an acupuncture practical exam module)
3. Acupuncture Foundation of Canada Course: - 200 hour Core Program spread over the four courses (AA1, AA2, BTCM, AA3)

Colon Hydrotherapy

1. International Association for Colon Hydrotherapy Foundation 100-hour course

Hyperbaric Oxygen Therapy

1. UHN Introductory Hyperbaric Medicine Course (40 hours) - University Health Network, Toronto General Hospital
(https://www.uhn.ca/Surgery/Treatments_Procedures/Hyperbaric_Medicine_Unit#tab4)

Intravenous Therapy *(must attend in person and write a proctored exam)*

1. CNME accredited naturopathic medical school IV course (may only be used as proof of training if applying for IV Therapy within 2 years of graduating)
2. International IV Nutritional Therapy Program (IIVNTP) – Fundamentals and Clinical Applications of IV Nutrient Therapies
3. Dr. Michael Prytula (Naturomedic) – IV Basic Procedures Course
4. Dr. Stefan Kuprowsky – IV Certification Course
5. Dr. Allison Fillatre – Clinical Intravenous IV Training for the Healthcare Provider
6. BKS – HYBRID IV Certification Course

7. OAND (Dr. Eric Marsden, ND, Ruth Ann Baron) - IVIT Certification Course

Intravenous Chelation Therapy *(must attend in person and write a proctored exam unless otherwise noted)*

1. Dr. Virginia Osbourne/Dr. Paul Anderson/Dr. Dan Carter (IIVNTP) – Heavy Metal Toxicology: Chelation Therapy
2. Dr. Michael Prytula (Naturomedic) - IV Chelation (Heavy Metal Detox)
3. Dr. Virginia Osbourne/Dr. Paul Anderson (IIVNTP) – Heavy Metal Assessment and Treatment from A-Z
4. Dr. Virginia Osbourne/Dr. Paul Anderson (IIVNTP) – Heavy Metal Assessment and Treatment from A-Z - ONLINE **

**oral chelation is not a restricted activity and does not require an approved training course*

*** only available for applicants who are already authorized for IV Therapy.*

Manipulation

1. CNME accredited naturopathic medical school training in osseous manipulation (may only be used as proof of training if applying for manipulation within 2 years of graduating and having successfully passed a manipulation practical exam module)

Minor Surgery

1. NPLEX II Clinical Elective Minor Surgery Examination (may only be used as proof of training if applying for minor surgery within 2 years of successfully completing the NPLEX minor surgery exam)
2. Medical Skills Courses – Minor Surgery Distance Course (ONLINE)

Naturopathic Injection Therapies

Includes intradermal, intramuscular, and subcutaneous injections which are categorized as the single restricted activity authorization of Naturopathic Injection Therapies.

1. CNME accredited naturopathic medical school injections course (may only be used as proof of training if applying for Naturopathic Injection Therapies within 2 years of graduating)
2. Dr. John Lyfgodt - Neural Prolotherapy
3. Dr. Rahman (Pinewood Institute) - Mesotherapy Module 1, 2 & 3
4. Dr. Trevor Hoffman – Advanced Injection Therapy Course Module 1
5. Dr. Trevor Hoffman – Advanced Injection Therapy Course Module 2
6. Dr. Vance Inouye – Comprehensive Pain Management Seminar
7. Viatrex - Injection Training

8. Viatrexx - Advanced Injection Training
9. Dr. Allison Fillatre – Clinical Intravenous IV Training for the Healthcare Provider
10. Dr. Bryan Rade – Naturopathic Injection Therapies Certification Course
11. West Coast Injection Training - Dr. Alex Del Duca - Advanced Naturopathic Injection Therapies (in-person version only)

Ozone Therapy

1. Dr. Michael Prytula (Naturomedic) - Oxidative Therapies
2. Dr. Bryan Rade - Ozone Therapy Certification Course

Prolotherapy

1. Dr. Trevor Hoffman – Advanced Injection Therapy Course Module 1
2. Dr. Trevor Hoffman – Advanced Injection Therapy Course Module 2
3. Dr. Vance Inouye – Comprehensive Pain Management Seminar
4. Maui Regenerative Medicine - Level 1 Prolotherapy Course
5. Viatrexx - Injection Training Program
6. Viatrexx - Advanced Injection Training Program
7. SIPRO Prolotherapy – Dr. Stephen Cavallino
8. West Coast Injection Training – Dr. Alex Del Duca ND - Advanced Naturopathic Injection Therapies (in-person only)

Emergency Medical Refresher Course - required for all activities requiring authorization

Approved for **Online/On-Demand** Attendance

1. BKS Courses: Emergency Readiness for NDs ONLINE and ON DEMAND (Instructors Dr. Beverly Huang, Dr. Shane Johnson & Dr. Kin Leung) <https://www.bkscourses.com>
2. BKS Courses: Emergency Readiness for NDs ((NON-IV) ONLINE and ON DEMAND - Instructors Dr. Beverly Huang, Dr. Shane Johnson & Dr. Kin Leung) <https://www.bkscourses.com>
3. Emergency Refresher for the NON-IV Naturopathic Practice ONLINE (Instructor Dr. Patti Yik ND) drpatti@vivehealth.ca
4. Clinical Intravenous (IV) and Naturopathic Injection Therapy Emergency Medical Training for the HCP (Instructors Dr. Allison Fillatre ND)

Approved for **In-Person** Attendance

1. Naturomedic Emergency Procedures Course for Clinical Settings – Instructor Dr. Michael Prytula ND: one day and two-day course options www.naturomedic.org

2. Emergency Refresher for the NON-IV Naturopathic Practice – Instructor Dr. Patti Yik ND drpatti@vivehealth.ca
3. Emergency Refresher for IV Practice - Dr. Rochelle Wilcox or Dr. Cheryl Karthaus, ND eastcoastnaturopathic@gmail.com
4. Emergency Refresher for NON-IV Practice - Dr. Rochelle Wilcox or Dr. Cheryl Karthaus, ND eastcoastnaturopathic@gmail.com
5. BKS Courses: Emergency Readiness for NDs – Instructors Dr. Beverly Huang, Dr. Shane Johnson & Dr. Kin Leung <https://www.bkscourses.com>
6. Clinical Intravenous (IV) and Naturopathic Injection Therapy Emergency Medical Training for the HCP – Instructors Dr. Allison Fillatre ND

	Acupuncture	Colon Hydrotherapy	Hyperbaric Oxygen Therapy	IV Chelation Therapy	IV Therapy	Naturopathic Injection Therapies	Manipulation	Minor Surgery	Ozone Therapy	Prolotherapy
NaturoMedic-Emergency Procedures 1 DAY	✓	✓	✓			✓	✓	✓		✓
NaturoMedic-Emergency Procedures 2 DAY	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
AMLS	✓	✓	✓			✓	✓	✓		✓
Dr. Patti Yik - Emergency Refresher	✓	✓	✓			✓	✓	✓		✓

Emergency Refresher for IV Practice Dr. Rochelle Wilcox	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Emergency Refresher for NON-IV practice Dr. Rochelle Wilcox	✓					✓	✓	✓		
BKS Courses Emergency Readiness for NDs (NON-IV) ONLINE & ON DEMAND	✓	✓	✓			✓	✓	✓		✓
BKS Courses Emergency Readiness for NDs	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
BKS Courses Emergency Readiness for NDs ONLINE & ON DEMAND	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Clinical Intravenous (IV) and Naturopathic Injection Therapy Emergency Medical Training for HCP (ONLINE and In-Person)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

(please note that unless specifically indicated online, all courses are in person and are only approved for in-person attendance)